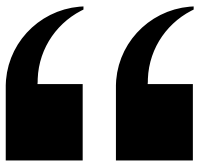


# JENN DEWALL



**Jenn DeWall works with organizations and leaders to overcome burnout, build resilience, and find joy at work again.**



## **What clients have to say**

"Everything about your talk was inspiring, raw, honest, and approachable. You helped connect bridges and challenge ourselves to get unstuck so we can live the lives we want and be who we want to become. Thank you so much Jenn DeWall! You are the epitome of resilience, class, and sass!"

### **Matthis Pluska, Meta**

We received almost immediate feedback that our employees LOVED her energy and the safe space she brought to our session. If you need a speaker that can engage, interact, and bring joy to something we all hide in the dark from, I would definitely recommend Jenn."

### **Yvonne Guerrero, Techspert**

I highly recommend Jenn if you are looking for a relatable, memorable speaker who is also a pleasure to work with!

### **Leigh Laughlin, Denver Metro BOMA**

I have worked with Jenn on multiple occasions and I can say she is the glue that has made our events AMAZING every time. She has the energy of a Peloton instructor.

### **Hannah Annalora, General Assembly**

## **SIGNATURE PROGRAMS**

### **Becoming Better Than Burned Out**

- ✓ Demonstrate techniques to manage burnout, anxiety, and overwhelm
- ✓ Describe how to find joy at work in the day-to-day

### **Overcoming Imposter Syndrome & Unlocking Your Inner Confidence**

- ✓ Identify the negative thought patterns that are holding you back
- ✓ Apply a framework to boost your confidence and accept your own "humanness"

### **Building a Growth Mindset for Success**

- ✓ Understand how to develop a growth mindset
- ✓ Describe what motivation is and where it starts (and how to motivate others)

### **Jenn knows resilience.**

Organizations seek Jenn out when they are looking to overcome burnout, build confidence, and create success. Clients who rely on her expertise include Meta, PlayCore, and Froedtert Health, to name a few. Her work has been featured in Fast Company, Forbes, Inc., Health, Bustle, and more.

## **LET'S TALK**

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