

## ABOUT

# JENN DEWALL



*Jenn DeWall, Speaker & Workplace Resilience Specialist*

## SHORT BIO

Jenn knows resilience. She's lived it and is proof that no matter what life throws at you, you have a choice, you can give up or you can get up. And get up is what she does, and hopes you do too.

A highly sought-after speaker and resilience expert, Jenn DeWall creates a space for honest conversations about burnout, confidence, and success. She works with leaders from around the world to provide the tools needed to overcome imposter syndrome, become better than burned out, and build their growth mindset for success.

Drawing from 15+ years of experience, Jenn's relatable sense of humor and high energy captivate audiences and quickly create a safe space to talk about real issues and inspire lasting change. Her work has been featured in Forbes, Fast Company, Inc, Health, and more. Her clients range from large-scale enterprises like Meta to local community organizations and nonprofits. But that's not the point. The point is that audiences want someone who can inspire real behavior change by providing tools and stories that they can learn from.